



Places In The Father's Heart

That reach out and touch, to bring times of refreshing...

Shame & Disappointment

By Roger Taylor

Recently we learned of a woman who had Crohn's Disease, an incurable disease of the colon. Asked if she struggled with shame, she admitted she did. We have learned that the harshness you have toward yourself will make you sick, and your body will manifest what you are doing to yourself emotionally. If you will repent for that sin, we believe it will open the door of your heart to receive healing, both emotionally and physically from your Heavenly Father.

For us both, shame and disappointment have been issues we have struggled with all of our lives. We encourage you to prayerfully look at the following truths regarding disappointment in our lives.

- Disappointment can bring offense that requires healing.
- Disappointment left unhealed is the bait for more disappointment and the glue that makes it stick.
- Disappointment casts shadows on the character of the one who disappoints you.
- Disappointment is a major hindrance to intimate relationship.
- Disappointment left unresolved encourages the enemy to whisper in your ear.
- Disappointment left unresolved can cause us to miss our inheritance.
- Disappointment can cause confusion with our purpose for being.
- Disappointment can add fuel to the fire of love hunger, spiritual rebellion, independent, orphan thinking.
- Disappointment left unresolved can increase episodes of discouragement, hopelessness and depression and increases strain on our closest relationships.
- Disappointment left unresolved can hinder our spiritual growth and our emotional and physical well being.
- Disappointment left unresolved can change our belief system and open the door to lies and deception.
- Disappointment left unresolved can cause such confusion that it becomes difficult to know the truth.
- Disappointment left unresolved can increase problems with our self image.
- Disappointment can cloud the sky on a sunny day, cause us to miss the wonderful fragrances of life, and in essence miss the joy of living that Father intended.

Proverbs 13:23 says, "Hope deferred makes the heart sick, but when the desire is fulfilled, it is a tree of life."

Webster says, "Disappointment means to fail to fulfill the expectation or the hope of ~"

We encourage you to seek prayer ministry for your sake, for the sake of your family and loved ones, and to take your disappointments to your Heavenly Father (even if you believe He is the source of



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your disappointment), receive forgiveness, healing and freedom to become the gift of love to your world that you were created to be.